

petbusinessmasters!

GOAL SETTING GUIDE

PART ONE

DREAM BIG

SET GOALS

TAKE ACTION



Set Big Goals...Dream Big Dreams!

Thanks for downloading the Goal Setting Guide. There are 2 parts to this guide. This first part is this worksheet where we'll focus on **identifying** your goals. The second part is tomorrow's lesson and we'll map out the **actions** that you can take to achieve your goals.

In every "goal setting" plan you've seen, the very first thing they tell you is to write your goals down. So, that's what we're going to do here. We're going to write them down.

The following questions are the basic components to thinking through what you're trying to achieve.

Since you may have a partner or significant other that your goals may impact, there's also space for your partner to write down their goals, too.

Each person should do their goals independently. Then, get together and compare notes. Make sure you understand your partner's dreams, goals, and concerns. Get on the same page and then make it happen!

Read on to start your goal setting...

Step 1: Dream Big, Bold Dreams!

What would you attempt if you knew it was impossible to fail?

Partner 1:

Partner 2:

Together:

What would you do if you knew this was your very last chance (ex: last chance at a business opportunity, last year on earth)?

Partner 1:

Partner 2:

Together:

Step 2: Where Am I At Right Now?

What's stopping me from making my dreams a reality?
What's holding me back? How can I overcome these obstacles?

Partner 1:

Partner 2:

Together:

What's the worst possible scenario...the worst possible thing that could happen if you pursued your dreams?
Seriously, think up the most awful consequences you can think of if you rolled the dice and went after your dreams!

Partner 1:

Partner 2:

Together:

Now, seriously...is any of that ACTUALLY going to happen? Of course not! The point here is to get your fears on paper and see how they simply are NOT true. Is it easy? No way. Could things go wrong? Yep (and they almost assuredly will). But they won't go THAT wrong. Without risk, there is no reward, only regret. No regrets, keep dreaming and keep moving forward! Don't let fear hold you back. Do what it takes and make those dreams happen!

Step 3: Be Honest About What Needs To Happen To Make These Dreams A Reality!

Something (and probably a few things) will need to change before you can achieve your dreams. If you stay the same, then you can only expect the same. Nothing is earned without sacrifice. Achieving success requires you to do what most people won't do so you can live like most people can't live!

What are 3 things you MUST do to make your dreams a reality? (hint: probably these will be sacrifices you'll need to make)

Partner 1:

#1

#2

#3

Partner 2:

#1

#2

#3

Together:

#1

#2

#3