

petbusinessmasters!

GOAL SETTING GUIDE

PART TWO

DREAM BIG

SET GOALS

TAKE ACTION



Set Big Goals...Dream Big Dreams!

Thanks for downloading the Goal Setting Guide. There are 2 parts to this guide. The first part is a worksheet where you focused on **identifying** your goals. The second part is this worksheet lesson where we'll map out the **actions** that you can take to achieve your goals.

In every "goal setting" plan you've seen, the very first thing they tell you is to write your goals down. So, that's what we're going to do here. We're going to write them down.

The following questions are the basic components to thinking through what you're trying to achieve.

Since you may have a partner or significant other that your goals may impact, there's also space for your partner to write down their goals, too.

Each person should do their goals independently. Then, get together and compare notes. Make sure you understand your partner's dreams, goals, and concerns. Get on the same page and then make it happen!

Read on to start your goal setting...

Step 4: Set Goals And TAKE ACTION To Achieve The Dreams.

Set long-term goals to achieve the dream. What do you want life and work to look like in 5 years?

Partner 1:

Partner 2:

Together:

What are three things you **MUST** do to make this happen?

Partner 1:

Partner 2:

Together:

What are your short-term goals (1 year from now, where do you want to be?)

Partner 1:

Partner 2:

Together:

What are the things you must do right now (in the next month) to kickstart your goals and dreams?

Partner 1:

Partner 2:

Together:

What are the three actions you can take on a **daily basis** to make your goals and dreams happen?

Partner 1:

Partner 2:

Together:

Step 5: Take Action NOW, Create Momentum, Make Things Happen!

What actions will you take TODAY/TONIGHT, no matter how small, to get the ball rolling? (the journey of a thousand miles starts with one small step)

Partner 1:

Partner 2:

Together:

What actions will you do TOMORROW, no matter how small, to make this happen?

Partner 1:

Partner 2:

Together:

What WILL you do by the end of this week to make your dreams a reality?

Partner 1:

Partner 2:

Together:

What is the first milestone you need to hit so you can measure the progress you are making towards your goals and dreams? When should that milestone happen?

Partner 1:

Partner 2:

Together:

And the second milestone?

Partner 1:

Partner 2:

Together:

Step 6: COMMIT TO SUCCESS

Finally, write the following statement on this page.

“My dreams are possible. I can accomplish my goals.
Nothing can stop me.”

Partner 1
Partner 2

By writing this down, you are committing to yourself that you will start this process and can follow through.